

*Bernadette Bloom, M.I., P.T.*



Bernadette is a medical intuitive, teacher, practitioner and has been a licensed physical therapist for over 39 years. She has studied with osteopaths at Michigan State. In 1996, she completed Dr. Caroline Myss' and Dr. Norm Shealy's *Intuition Training Program*.

Bernadette has a rich background in Tai Chi, Reiki, meditation and shamanic teachings. She was involved with a study, sponsored by the National Institute of Health (NIH), which dealt with *The Effects of Distant Healing on a Rare Form of Brain Cancer*.

Bernadette, an Esoteric Healing practitioner since 1992, began teaching in 1999. She teaches nationally and internationally and has clients all over the world. Bernadette is the founder of both the JJ Esoteric Foundation, a 501c3, and the Center for Aligned Healing in Chappaqua, NY. Both are one of a kind entities in the country.

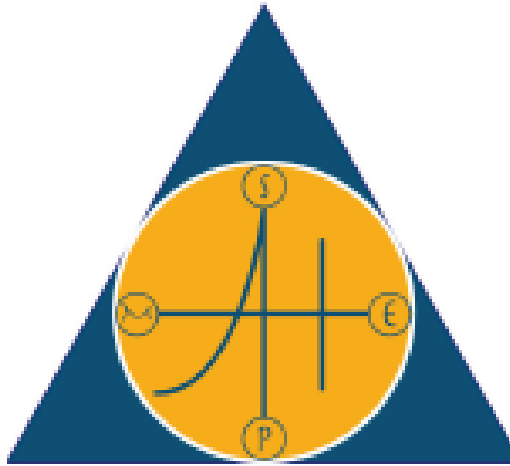
In her leisure time, Bernadette is an avid outdoor enthusiast. She has hiked most of the U.S. National Parks System and is an experienced traveler. Bernadette has traveled to Tibet, Nepal, China, the Middle East, Egypt, South Africa, Europe, and South America and extensively throughout the USA.



*For more information on  
Energy Medicine contact*

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*Center for  
Aligned Healing*



*Mission*

Our mission is to assist in healing the body, mind and spirit by balancing the Human Energy Field. We focus on the soul light of the individual to raise the vibration asking for the highest and best good.

**BERNADETTE BLOOM, FOUNDER  
CENTER FOR ALIGNED HEALING**

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*Energy  
Medicine*  
*with*

**BERNADETTE BLOOM**



**MEDICINE FOR THE 21 CENTURY**

*"An esoteric experience"*

**ESOTERIC: to seek out an aspect not obvious  
until you study it in Greater Depth.**

**Energy Medicine reveals  
The hidden aspects  
of health.**

**www.TheEsotericBloom.com**

## What Is Energy Medicine

The type of energy medicine I practice is called Esoteric Healing. It's a high vibrational energetic technique that quickly, easily and naturally balances your body's bio-electric field. It helps the energy flow into your chakras, then into your mental and emotional levels, and finally into your body. When the chakras are balanced, they influence the nervous system, endocrine system, the blood, glands and organs. As your energy becomes balanced, you will feel better and will begin to make positive changes and choices that influence how you live your daily life. During the session, I ask for the highest and best good to happen. You will then act in accordance with a higher consciousness, with greater insights and a broader perspective. Life will be easier for you!

## The Energy Field

Energy surrounds and permeates all living things. The human energy field has been called by various names – vital body, chi, ki, bio-energy field and etheric body. Within this energy field are chakras or vortexes of energy. There are seven major chakras or centers in the human body. Each of these centers vitalizes a specific nerve center, endocrine gland or internal organ system. If the chakra becomes unbalanced or restricted, the corresponding area can also become unbalanced or restricted. The result is physical, emotional and/or mental dis-ease, AKA pain! Balanced energy is the essence of health.

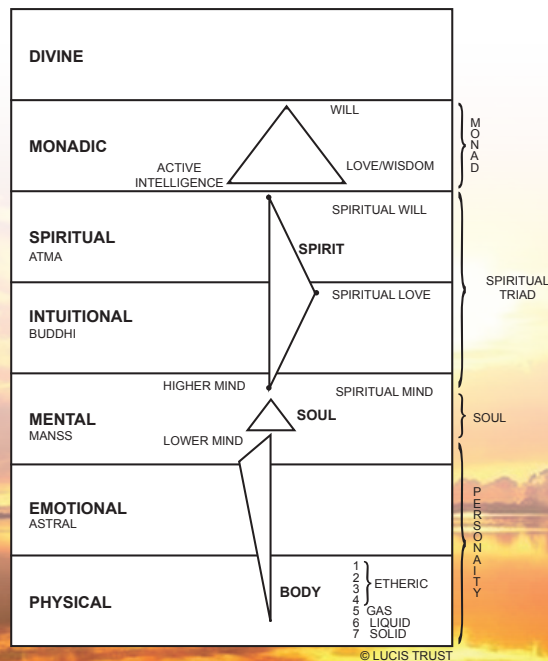
## Will Energy Medicine Help Me?

Most people find this work helps them physically and emotionally. Their pain and other symptoms resolve easily and naturally because their energy now flows freely. There are others whose physical problems do not go away, but they experience an inner change that makes the problem acceptable and manageable. Traumas or conflicts from the past or current situations can be quickly resolved. Energy Medicine can assist people with the dying process by helping them to make the transition from this life peacefully.

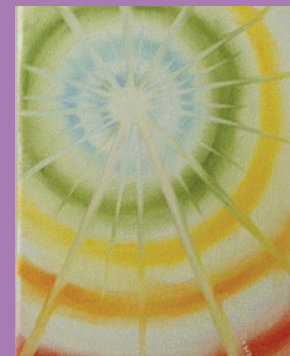
**With Energy Medicine, problems in the energy field can be detected *before* disease manifests itself in the physical body. Therefore, Energy Medicine is an effective method of practicing predictive, preventive medicine, as well as Holistic Living.**

The model that I use is below.

THE CONSTITUTION OF THE HUMAN BEING



Energy Medicine/Esoteric Healing is based on the works of Alice Bailey and the Tibetan Djwhal Khul. Two students of the Bailey material, Rex Riant, an Englishman (one of the scientists who pioneered the development of radar in World War II), and Brenda Selby-Johnston, discovered they could precisely define and treat weak and/or congested areas within the human energy field. They also discovered that this method of treatment was often more in-depth and effective than a hands-on treatment. Ms. Johnston and Mr. Riant took the written Bailey material and brought it into a workable format for healing. Bernadette Bloom has written five books on Energy Medicine.



## Testimonial

“I took Bernadette’s classes, because of what I learned, my life has evolved in so many positive ways. The classes allowed me to experience a shift in consciousness that opened me up to a greater understanding of the world we live in and how to apply healing in every aspect of my life. I have increased health and I can honestly say that I am better mother, professional and person since taking the classes. Bernadette is a wonderful teacher/healer with an in depth understanding the human energy field and connection to source. Her fascinating application of Esoteric healing is taught with an analytical mind and entertaining style. I respect her work immensely and would recommend this class to anyone willing to improve their life.”

Maggie Taylor,  
Strategic Marketing Consultant