

the adventure

Get ready for a week long adventure of learning how to spiritually survive in today's world. We will cover topics that include life principles, meditation, muscle testing, and energy work. Be prepared to move, create, and learn tools that will assist you in decision making, living with your emotions and succeeding in life.

We will also take time to turn inward and learn to appreciate who we are and the gifts that we have.

Let us share a few steps with you as you walk along your journey.

It will be a **SOUL-FULL** week!

CORE PRINCIPALS

Right Time, Right Place, Right Action
Nurturing Environment for Expression of Self
Good Composites Created Within Family
Growth & Development For All
Attract Proper Environment For Classes
Spiritual Growth And Understanding
Teachings About Good Choices
Say The Right Thing
Service To Life
Looking For The Good
Cooperation By All
Everyone Plays Their Part
Good Composites With All
Proper Use Of "Spiritual Tools"
Safe & Protected

ABOUT US

Kelly Salmons

My purpose is to use my leadership and enthusiasm to empower and inspire children to follow what they are passionate about by utilizing their unique gifts to serve humanity. I am also a member of the JJ Esoteric Foundation, where we promote Esoteric healing.

JJ Esoteric Foundation

Our purpose is to enhance the well being of humanity through physical, emotional, mental, and spiritual healing by educating those interested in energetic living and healing; by assisting individuals in exploring alternative solutions to life's situations and providing a safe haven for those who have come to heal from past and present crises.

Bernadette Bloom

I became a licensed physical therapist in 1977. I have studied with Osteopathic Physicians for the past fifteen years. In 1996, I completed Dr. Caroline Myss' and Dr. Norm Shealy's Intuition Training. I am also the President of the JJ Esoteric Foundation, a 501c3 corporation. I am an avid outdoor enthusiast ~ having hiked most of the U.S. National Parks System.

I began teaching esoteric healing in 1999 and continues to serve as an educator both nationally and internationally

Location: 5991 Westport Lane- Naples

Contact Information

**Kelly Salmons, 239-537-6271
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SOUL-FULL SUMMER SERIES

For Kids

Topics of Interest

- Meditation:** Experience different types of meditations through breathing, visualization, music, and more.
- Emotions:** Understanding your emotions and using them correctly will help you navigate through touchy situations.

- Mandalas:** The "circle with a center" pattern is the basic structure of creation that is reflected from the micro to the macro in the work as we know it.
- Labyrinths:** We will talk about the history, create finger labyrinths and even walk a real labyrinth.

- Imaging:** Learn how to formulate and write a proper image of what you want in life.
- Composites:** Ever wonder how you can get the family to work together as a team? Understanding and practicing our "role" in different situations assists us in becoming masters in both origination & executive.

Esoteric Healing: Energy follows thought! Esoteric Healing balances our energy and promotes our body's healing abilities. Learn tools to help center and ground. Chakras will be discussed and how to balance them. Talking points will touch on learning to recognize how each person has a different ray energy makeup on the physical, emotional, mental, personality, and soul level.

- Life Principles:** We will incorporate life principles that are so critical for children to have but are not commonly taught in school. How important would it be for your child to not take things personally? Can you imagine if they learn how to talk positively and not defeat themselves with negative self talk? Great books are available & we will include some of the stories that were written for children from authors such as Sean Covey, Dr. Wayne W. Dyer, & more.

GENERAL SCHEDULE

Sessions: June or July

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|-------------|-----------------|
| 9:00-9:10 | Icebreaker |
| 9:10-9:25 | Meditation |
| 9:25-10:00 | Teach/Rotations |
| 10:00-10:15 | Snack |
| 10:15-10:30 | Art/Craft |
| 10:30-11:30 | Teach/Rotations |
| 11:30-12:00 | Life Principles |
| 12:00-12:20 | Lunch |
| 12:20-12:40 | Movement |
| 12:40-1:15 | Teach/Rotations |
| 1:15-1:30 | Journal |

Classes

June 21-25 or
July 12-16

9am to 1:30pm

Camp Size is 20 Children
ages 6 thru 11

Cost

\$150 per week

Ask about our sibling
discounts

Call Today! 239.537.6271

